



# *Reflection Exercise*

for *"Living at the Threshold of A New Era: Soul Time"*

## **Daily Soul Journey Journaling**

Reflecting on the creative process of Change, Transition, and Transformation:

- How do you see this process operative in your present life? In the past?
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
- In your relationship with yourself? Family? Others? The World? God/Source/Love?



# Reflection Exercise

for *"Living at the Threshold of A New Era: Soul Time"*

- What is your Soul telling you about the present state of transition we are experiencing in our World? How do you believe we are being called to respond to it individually? Corporately?
  
  
  
  
  
  
  
  
  
  
- In doing this reflection exercise, what are you learning? What will you do with this learning?